

Community Dance Leaders Seminar

Presented by CALLERLAB Committee for Community & Traditional Dance

Solo Dancing for All Events

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April 22-23rd 2023, Sparks/Reno, NV

Whether the event is a one-time party, community dance, or a recreational square dance there are circumstances when a no partner dance is appropriate to provide entertainment or a break in the entertainment of an event with a larger focus.

Square dance events can be focused on a single dance form, or the event can include a variety of dances of several types. If the leader is asked to teach a line dance class, the selected dances can and should be more complex. If the leader is leading a square dance party the dances should be teachable in less time than it takes to dance them, i.e. if the dance takes 3-4 minutes to dance, the time it takes to teach it to the audience should be less. In other words it should be possible to present the dance in a walk-through in 3-4 minutes or less. This party environment is a dancing opportunity not a teaching time.

- ❑ Cab Driver ... Music: MCA P-2758a - **Cab Driver**, The Mills Brothers (2:49)
- ❑ Cha Cha Slide ... Music: Mr. C the Slide Man 12 - **Cha Cha Slide** (Jamie) (4:06)
- ❑ Children's Polka ... Music: same
- ❑ Copperhead Road ... Music: Southern Rock Essentials 16 - **Copperhead Road** (mp3) (5:23)
- ❑ Cotton-Eyed Joe ... Music: Cotton-Eyed Joe, Fiddlin' Freddy (2:52)
- ❑ Cowboy Boogie ... Music: **Somebody Like You** (5:23)
- ❑ Cry of the Celts ... Music: Michael Flatley's Lord Of The Dance - **Cry Of The Celts** (Single Edit With Taps)
- ❑ Cupid Shuffle ... Music: Cupid 1 - **Cupid Shuffle** (Radio Version) (3:50)
- ❑ Ding Dong Daddy ... Music: same (2:30)
- ❑ Electric Slide ... Music: COL 2607a - **Electric Boogie**, Marcia Griffiths (4:20)
- ❑ Fraley's Frolic ... Music: Bonita
- ❑ I Feel Lucky ... Music: COL 38-74345 - **I Feel Lucky**, Mary-Chapin Carpenter
- ❑ Jiffy Line Dance ... Music: WN 4684a - **Jiffy Mixer**
- ❑ Hully Gully ... Music: COL 12-33051 - **Little Black Book**, Jimmy Dean
- ❑ Lancash Line Dance ... Music: Tracy Byrd - **I'm From The Country**, LS E-35 - **Lancashire Barn Dance**
- ❑ Macarena ... Music: Same
- ❑ Popcorn ... Music: Eric 4009 - **Popcorn**, Hot Butter, ATCO 45-6226 - **Alley Cat**, Bent Fabric
- ❑ Reggae Cowboy ...
- ❑ Rocky Mountain Scramble ... Music: YR 102a - **Popps Hoedown**, Hit City Band (3:46), The Ventures - **Walk Don't Run** (2:05)
- ❑ Ruby Baby ... Music: Drifters - **Ruby Baby**
- ❑ Texas Freeze ... Music: MCA 53546 - **Elvira**, The Oak Ridge Boys
- ❑ Wagon Wheel ... Music: O.C.M.S. - **Wagon Wheel**
- ❑ Y M C A ... Music: COL 4337a - **Y M C A**, Village People

Youth, Ages 5+

- 7 Jumps
- Children's Polka (can be done solo or with partner)
- Chimes of Dunkirk (can be done solo or with partner)
- Cry Of The Celts
- Dance of the Little Birds
- Danish Dance of Greeting (can be done solo or with partner)
- The Hokey Poke
- Tooty Ta

Boot Scootin' Boogie

Dance: Choreography by Bill Badder, Vancouver, BC

Music: "Boot Scootin' Boogie" by Brooks & Dunn

- Dance: 4 Wall Line Dance, 32 Counts, Beginner Level
 - **RIGHT VINE, DIAGONAL HEEL/CLAP, LEFT VINE, DIAGONAL HEEL/CLAP**
 - 1-2-3 Right Vine: Sidestep R, Cross-step L behind R, Sidestep R
 - 4 Touch L heel diagonally forward to left and Clap
 - 5-6-7 Left Vine: Sidestep L, Cross-step R behind L, Sidestep L
 - 8 Touch R heel diagonally forward to right and Clap
 - **STEP TOGETHER, DIAGONAL HEEL/CLAP, STEP TOGETHER, DIAGONAL HEEL/CLAP**
 - 9 Step R beside Left
 - 10 Touch L heel diagonally forward to left and Clap
 - 11 Step L beside Right
 - 12 Touch R heel diagonally forward to right and Clap
 - **SWIVEL HEELS RIGHT, LEFT, RIGHT, CENTER**
 - 13-14 Closing feet together: Swivel both heels to right, then left
 - 15-16 Swivel both heels to right, then center
 - **STOMP, STOMP, KICK, KICK, BALL-CHANGE, STOMP, KICK, KICK**
 - 17-18 Stomp up R heel beside L twice
 - 19-20 Kick R twice with a forward and downward pumping action
 - &21 Step R toe/ball beside L instep, Step L beside R
 - 22 Stomp up R heel beside L
 - 23-24 Kick R twice with a forward and downward pumping action
 - **FORWARD, HOOK BEHIND, BACK, HITCH, BACK, HITCH, FORWARD, SCUFF/TURN**
 - 25-26 Step R forward, Press L shin into back of R knee bending the knee
 - 27-28 Step L back, Raise R knee
 - 29-30 Step R back, Raise L knee
 - 31-32 Step L forward, Scuff R heel turning 1/4 left (9:00)
 - End of pattern. Begin again...

Cab Driver

Music: Cab Driver

- Dance: One Wall dance
 - Vine Right, 2, 3, Tch; Vine Left, 2, 3, Tch;
 - Vine Right, 2, 3, Tch; Vine Left, 2, 3, Tch;
 - Stroll Back R, -, L, -; R, -, L, -;
 - Run Forward R, L, R, L; Side, Tch, Side, Tch;

Cha Cha Slide

Music: Cha Cha Slide

- Dance: Follow the Slide Man's instructions included on the recording

Children's Polka

Music: LS E-7 - Children's Polka, from Lloyd Shaw Let's Dance, LSE -1

- Dance:
 - Fwd, Fwd, Stomp/Stomp/Stomp; Back, Back, Stomp/Stomp/Stomp;
 - Fwd, Fwd, Stomp/Stomp/Stomp; Back, Back, Stomp/Stomp/Stomp;
 - Clap Knee's, Hands, push the sky 3 times; Repeat;
 - Turn yourself around face the center;;

Copperhead Road

Music: Copperhead Road

- Dance:
 - Kick 4 times (starting with right foot kick right, left, right, left)
 - Kick Cross Kick twice (kick right foot forward, cross right foot over left knee, kick right foot forward, step on right foot, repeat with left foot)
 - Kick 4 times (starting with right foot, kick right, left, right, left)
 - Lunge on right, recover back, step, step (turning 1/8th)
 - REPEAT lunge to end facing the wall ¼ counter clockwise from original wall.
- Repeat Dance until end of music.

Cotton-eyed Joe

Music: LS E-35 - Cotton-eyed Joe, or your favorite version.

- Dance: solo, with partner, as horse & wagon, i.e., arrange one couple in front of another couple around the room in a large circle. Joins hands with partner and the couple ahead/behind them. Maintain these hands unless performing the exchange of couples. Starting with your weight right foot
 - Cross left over right, Kick left foot forward, back up toward reverse line-of-dance, left, right, left;
 - Cross right over left, Kick right foot forward, Back up toward reverse line-of-dance, right, left, right;
 - Cross left over right, Kick left foot forward, back up toward reverse line-of-dance, left, right, left;
 - Cross right over left, Kick right foot forward, Back up toward reverse line-of-dance, right, left, right;
 - 8 Forward shuffles (forward left, together, left; forward right, together, right; repeat 4 more times as the lead couple lets go of their partners hand and circles around to get behind the trailing couple.

Cowboy Boogie

Music: Somebody Like You (Keith Urban)

- Dance:
 - Vine Right, Hitch
 - Vine Left, Hitch
 - Forward Knee, Forward Hitch
 - Back, 2, 3, Hitch
 - Rock Forward, Rock Forward, Rock Back, Rock Back,
 - Rock Forward, Rock Back, Turn Left $\frac{1}{4}$, Stomp

Cry of the Celts

Music: Cry Of The Celts

- Dance:
 - Circle Left, 2, 3, 4; 5, 6, 7, 8;
 - Circle Right, 2, 3, 4, 5, 6, 7, 8;
 - Forward, 2, 3, 4; Clap, 2, 3, 4;
 - Back out, 2, 3, 4; Clap, 2, 3, 4;

Cupid Shuffle

Music: Cupid Shuffle

- Dance: Follow the lead in the music
 - Side R/together, Side R/together; Side R/together, Side R/Tch;
 - Side L/together, Side L/together, Side L/together, Side L/Tch,
 - Kick right, left, right, left;
 - Walk it by yourself to turn left $\frac{1}{4}$;;

Ding Dong Daddy *(hand jive)*

Music: LS E-14 - Ding Dong Daddy

- Dance:
 - Knee, knee, Clap, Clap;
 - *Clap both hands on your knees twice, clap your hands twice;*
 - Flat hands right over left twice, Left over right twice;
 - Wave one hand over the other; ;
 - Fist right over left twice; Fist Left over Right;
 - Move right fist over left twice; repeat for left fist;
 - Left fist under right elbow twice; Right fist under left elbow twice;
 - Swim with right arm twice; Swim with left arm twice;
 - Breaststroke twice; lasso with right arm; lasso with left arm;
 - With right hand Thumb a ride right; with left hand thrum a ride left;
 - Catch a fly, lkill it, blow it;
 - With right hand catch a fly in the air, place it on the left palm, clap your left palm with your right hand to kill the fly, blow the remains off of you left hand;
- Repeat Hand Dance until music ends.

Electric Slide

Music: Electric Boogie

- Dance: 4 wall dance, all starting with right foot
 - Vine Right, 2, 3, Tch; Vine Left, 2, 3, Tch; (8)
 - Backup, 2, 3, Stomp; Turn ¼ left, Brush; (6)

Fraley's Frolic Line Dance

Choreo: Choreography by Bob Riggs, adapted from Fraley'S Frolic

Music: Bonita, Album No Mercy, By No Mercy or most well contra tunes.

- Dance: all starting with left foot.
 - Circle Left, 2, 3, 4; 5, 6, 7, 8;
 - Forward, 2, 3, kick; Backout, 2, 3, 4;
 - Circle Right, 2, 3, 4; 5, 6, 7, 8;
 - Forward, 2, 3, kick; Backout, 2, 3, 4;
 - Clap in front 1/2/3, -; Clap behind 1/2/3, -;
 - Solo circle full around to face center (8);;

Hully Gully

Music: It's So easy to fall in Love, Little Black Book (Columbia 04-33051)

- Dance: 20 step dance, all starting with right foot.
 - Vine Right, 2, 3, touch;
 - Vine Left, 2, 3, touch;
 - Step, Hop, Step, Hop;
 - Run, 2, 3, Turn Right Face ¼;
 - Back up, 2, 3, touch;

I Feel Lucky

Choreo: Choreography Unknown

Music: I Feel Lucky, Mary Chapin Carpenter, Columbia 38-74345

Dance: formation solo circle facing center. All start with left foot.

- Vine L, 2, 3, touch
- Vine R, 2, 3, touch
- Side L, touch, side R, touch
- Side L, touch, side R, touch
- Forward, 2, 3, kick
- Back, 2, 3, turn R on R (face LOD)
- Walk Forward LOD on L, R, L, Face In on Right

Jiffy Line Dance

Choreo: Choreography by Bob Riggs, adapted from Jiffy Mixer

Source: Dancing For Busy People

Music: LS E-35 - Jiffy Mixer

- Dance: 4 wall line dance. All start with left foot. Choreo from Jiffy Mixer, modified to line dance.
 - Heel, Toe, Side/Close Side; Heel, Toe, Side/Close Side;
 - Jump Back, Clap, Back, Clap; Back, Clap, Back, Clap;
 - Fwd, -, Fwd, -; Fwd, -, Turn Left $\frac{1}{4}$;

Lancash Line Dance

Choreo: Choreography by Bob Riggs, adapted from Lancash Barn Dance (Mixer)

Music: Tracy Byrd - *I'm From The Country*, LS E-35 - *Lancashire Barn Dance*

- Dance: Choreo by Bob Riggs adapted from Lancash Barn Dance (Mixer)
 - Forward L, R, L, Tch (clap ghost); Back up R, L, R, Tch (clap own hands) ;
 - Repeat
 - Right Hand Star (with ghost);;
 - Left Hand Star (with ghost);;
 - Forward L, R, L, Tch; Vine Right, Behind, Side, Tch;
 - Vine Left, Behind, Side, Tch; Back up R, L, Turn, Tch;

Popcorn

Music: Popcorn, Hot Butter or Alley Cat

- Dance: 4 Wall dance turning $\frac{1}{4}$ left each time.
 - Right foot right twice; Left foot left twice;
 - Right foot back twice; Left foot back twice;
 - Kick right foot twice; Kick left foot twice;
 - Kick right foot once, Kick left foot once; turn $\frac{1}{4}$ left and Clap;

Reggae Cowboy

Choreo: Gene Schrivener

Music: LR 10096 - Reggae Cowboy, Bellamy Brother

- Dance
 - Forward Right Hitch, Forward Hitch, Forward Hitch, Forward Hitch;
 - Back up Right, 2, 3, kick; Back up 3, Tch;
 - Vine Right, 2, 3, brush; Vine Left, 2, 3, brush;
 - Roll right, 2, 3, tch; Roll left, 2, 3, tch;
 - **OR** normal Vine Right and Vine Left
 - Shuffle forward diagonal right twice; Shuffle backward diagonal right twice;
 - Shuffle forward diagonal right twice; Shuffle straight back to face new wall;

Rocky Mountain Scramble

Choreo: Choreography Calvin Campbell, Description: 32 count, 4 wall, intermediate line dance,

Music: YR 0102 - Poppo Hoedown, Walk Don't Run by The Ventures

- Dance:
 - Vine Right, 2, 3, Tch; Vine Left, 2, 3, Tch;
 - Fwd, 2, 3, Kick; Back, 2, 3, Tch;
 - Point Right Fwd, Side, Back, Step; Point Left Fwd, Side, Back, Tch;
 - Fwd Slow left, -, Slow right, -; Quick left, Quick right, Turn Right stepping on left, -;

Ruby Baby

Choreo: Choreographed by Unknown, Description: 16 count, 4 wall, beginner line dance,

Music: Ruby Baby, by Drifters –, “Gone Country by Alan Jackson, San Antonio Stroll by Tanya Tucker, Buicks To The Moon by Alan Jackson

- Dance: xxx
 - HEEL, STEP, HEEL, STEP
 - HEEL, HEEL, TOE, TOE
 - GRAPEVINE RIGHT 1/4 TURN, Touch
 - BACK THREE AND TOUCH
 - REPEAT

Texas Freeze

Music: Elvira by The Oak Ridge Boys

- Dance: 4 Wall 16 count dance. All starting with right foot.
 - Vine Right, 2, 3, Tch; Vine Left, 2, 3, Tch;
 - Back up, 2, 3, **Freeze**; 2, 3, Turn, -;

Wagon Wheel

Music: Wagon Wheel by Darius Rucker

- Dance: Choreo by Hunter Nelson
 - Vine Right & Clap (4);
 - Roll Left 3 and Clap (4);
 - Right Heel Tap, Left Heel Tap (4)
 - Toes Out & In, Heels Out & In (4)
 - Right Kick, Cross, Kick, Step (4)
 - Left Kick, Cross, Kick, Step (4)
 - Right Ball, Heel, Left Ball, Heel (4)
 - Turn Left, Stamp, Together, Clap (4) ... {Turn Left 1/4 on Left, Stamp Right, Together (Left to Right), and Clap (4)}

Y.M.C.A.

Music: COL 4337a - Y M C A, Village People

Lyrics: Young Man ...

1. Point R hand forward, moving right with each beat - 1, 2, 3, 4, 5, 6, Clap on 7 & 8
2. Point L hand forward, moving left with each beat - 1, 2, 3, 4, 5, 6, Clap on 7 & 8
3. Raise right hand high, left hand low on 1, cross hands on 2, repeat 4 times
4. Raise right hand high on 1, left hand high on 2, place right hand on left hip on 3, place left hand on right hip on 4, place right hand on right hip 5, place left hand on left hip 6

5-9. REPEAT 1-4

10. Make fists and do 8 palms facing you quick pullups to music

Lyrics: Y.M.C.A .

1. with arms make Y. M. C. A.
2. put hands together and rock side to side
3. with arms make Y. M. C. A.
4. dance forward 4 and back 4
5. Vine Right 3 and touch, Vine Left 3 and touch.

6-10. REPEAT 1-5